DRIED FRUIT Healthy choice



Nutrition Facts

1 servings per container Serving size 1 cup (100g)

Amount per serving

319

	% Daily Value
Total Fat 18g	23%
Saturated Fat 1g	5 %
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 162mg	7%
Total Carbohydrate 79	g 29%
Dietary Fiber 2.4g	9%
Total Sugars 66g	
Protein 3g	6%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.2mg	1%
Potassium 279mg	6%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

SANTOTOMAS

SPICY MANGO

INGREDIENTS:

Air dried organic mango (Mangifera indica L.), guajillo chili, salt, sugar, citric acid.

PACK SIZE OPTIONS:

4 oz. Stand up pouch (to-share presentation)

35 oz. Poly pouch (family size)

CUTS:

Slices

Cheeks

SHELF LIFE:

18 months in recommended conditions.

Keep in a cool and dry place.

Reseal for freshness after each use.